



Assumption of COVID Risk Form

Great Old Broads for Wilderness

Instructions: Please read and sign this form before participating in a Broads' in-person activity.

Broadband: _____

Phone Number:** _____

Activity: _____

Email: _____

Activity Date(s): _____

Emergency Contact: _____

Participant Name: _____

Emergency Contact Phone #:** _____

***Please include the best phone number in case we need to conduct contact tracing.*

In this new world of rapidly developing science on the spread of COVID-19, we are concerned about the health and safety of our members. At present, Great Old Broads staff are continuing to research COVID-19 protocols and latest recommendations. Here are the most current procedures required by participants when they participate in Broads' stewardship activities or any other in-person gathering.

How COVID-19 Spreads

From the CDC: *"The virus that causes COVID-19 is thought to spread mainly from person to person, mainly through respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Spread is more likely when people are in close contact with one another (within about 6 feet). In general, the more closely a person interacts with others and the longer that interaction, the higher the risk of COVID-19 spread. It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes. This is not thought to be the main way the virus spreads, but we are still learning more about how this virus spreads."*

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Broads COVID-19 Safety Protocol

- Health and safety requirements/mandates can change town to county to state to a plethora of additional overlapping jurisdictions. Great Old Broads for Wilderness will follow all guidelines required by the jurisdiction in which the event occurs.
- Each individual wears a mask when within 10 feet of others, and brings their own supply of wipes or hand sanitizer. (Talking, yelling, or singing without a mask increases the risk of transmission.)
- When using tools, only one person may handle each tool, and tools must be wiped down with disinfectant wipes or 70% isopropyl alcohol before using and returning. Alternatively, personal tools can be used and shared only with persons in your household.
- It's preferable not to use a shared bathroom. If you must, wipe down the toilet seat and handle, sink handles, and door handles with disinfectant wipes.
- If needed for a project/activity, participants should supply their own pens/pencils, paper, clipboards, etc. -- for a monitoring project, for example.
- In the case of small group camping, volunteers must be responsible for their own camping gear, and do not share kitchen or other items.
- For transportation, one person or one household per vehicle.

Contact Tracing:

If anyone becomes ill with COVID-19 within 3 weeks after a Broads activity, (after notifying their doctor and local public health agency) they should contact their Broadband Leader. Similarly, if anyone finds they were in contact with someone who tested positive for COVID-19 or is at least showing symptoms of COVID-19 and this contact was made within 3 weeks before the Broads activity, they should contact their Broadband Leader. The Broadband Leader needs to then contact all participants who may have been exposed to COVID-19 from the person, keeping the identity of the person confidential. Hence, keeping accurate sign-in sheets with updated contact information is essential.

You are probably aware of the CDC guidelines:

Wash your hands often

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

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Avoid close contact

- Avoid close contact with people who are sick, even inside your home. If possible, maintain 6 feet between the person who is sick and other household members.
- Put distance between yourself and other people outside of your home.
- Remember that some people without symptoms may be able to spread virus.
- Stay at least 6 feet (about 2 arms' length) from other people.
- Keeping distance from others is especially important for people who are at higher risk, including those over 65 years old, of getting very sick.

Cover your mouth and nose with a cloth face cover when around others

- You could spread COVID-19 to others even if you do not feel sick.
- Cover coughs and sneezes. Throw used tissues in the trash.
- Everyone should wear a cloth face cover when they have to go out in public, for example to the grocery store or to pick up other necessities.
- Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- The cloth face cover is meant to protect other people in case you are infected.
- Continue to keep about 6 feet between yourself and others. **The cloth face cover is not a substitute for social distancing.**

Clean and disinfect

- Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- If surfaces are dirty, clean them. Use detergent or soap and water prior to disinfection.
- Then, use a household disinfectant. Most common EPA-registered household disinfectants will work.

Monitor Your Health

- Be alert for symptoms. Watch for fever, cough, shortness of breath, or other symptoms of COVID-19.
- Take your temperature if symptoms develop.
- Don't take your temperature within 30 minutes of exercising or after taking medications that could lower your temperature, like acetaminophen.
- Follow CDC guidance if symptoms develop.

If you can't meet these requirements, please do not sign up for this Broadband activity. These procedures are mandatory.

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Release of Liability, Assumption of Risk, and Indemnification Agreement

I acknowledge that I have requested participation in a Great Old Broads for Wilderness event (hereinafter "Great Old Broads."). It should be noted that Great Old Broads is primarily a grassroots organization that relies on volunteers to lead/facilitate events. I understand that participation in outdoor recreational activities, including, but not limited to, hiking, camping or field trips can be dangerous. I hereby freely make the following contractual representations and agreements:

1. ASSUMPTION OF RISK: I am fully aware of the risks and hazards inherent in participating in recreational activities with Great Old Broads. Such risks and hazards include, but are not limited to, rough terrain, narrow trails, high altitude, hot and cold weather, wild animals and plants, illness or injury in areas remote from medical facilities, the forces of nature and acts of God, rough water, sharp or dull tools, rolling rocks and travel by boat, vehicle or animal conveyances. I further understand there is the possibility of death or serious physical or mental trauma or injury (e.g. paralysis) associated with outdoor recreational activities. I hereby freely accept the risk involved in participating in this event including any risks caused by the negligence of Great Old Broads, its employees, volunteer staff, directors, officers and other Event participants.

2. MY HEALTH & INSURANCE: I understand that if rescue, and/or evacuation, is necessary, the costs are not covered by Great Old Broads or the event and that I, or my estate, will bear responsibility for the cost of any evacuation procedures utilizing an ambulance, helicopter, or rescue team and any type of related medical care. I affirm that I have adequate and applicable health and/or accident insurance which will cover the cost of reasonable and appropriate health care for any injury or illness I may experience while participating in the Event identified herein or other related activities or that I assume responsibility for these expenses.

3. RELEASE OF LIABILITY: In consideration for my being permitted to participate in this Event, I agree to assume all risks for illness, injury or death and agree not to sue and to release, waive and discharge FROM ALL LIABILITIES, CAUSES OF ACTION, CLAIMS AND DEMANDS that arise in any way from any injury, death, loss or harm that occur to my person or property, even injury resulting in death, whether caused by the negligence of Great Old Broads, its directors, officers, employees, agents, volunteer staff and other persons or entities involved in this Event ("the Released Parties"), which may arise in connection with my participation in the Event identified above or related activities, to the fullest extent permissible under the law. This release extends to claims based on negligence, but does not extend to claims for gross negligence, or intentional or reckless misconduct.

4. INDEMNIFICATION, HOLD HARMLESS AND DEFENSE: I promise to INDEMNIFY, HOLD FOREVER HARMLESS AND DEFEND the Released Parties (defined in Section 3) against any and all claims to which Section 3 of this agreement applies, including claims for their own negligence. I also promise to INDEMNIFY, HOLD HARMLESS AND DEFEND the Released Parties against any and all claims for my own negligence, and any other claim arising from my conduct during the Event. In accordance with these promises, I will reimburse the Released Parties for any damages, reasonable settlements and defense costs, including attorney's fees, which they incur because of any such claims made against them. I agree that in the event of my death or disability, the terms of this agreement, including the indemnification obligation in this Section, will be binding on my estate, and my personal representative, executor, administrator or guardian will be obligated to respect and enforce them.

5. SEVERABILITY: I agree that if any portion or provision of this agreement is found to be invalid or unenforceable, then the remainder will continue in full force and effect. I also agree that any invalid provision will be modified to partially enforce to the maximum extent permitted by law to carry out the purpose of the agreement.

6. APPLICABLE LAW, FORUM & ATTORNEY'S FEES: This agreement is governed by and shall be construed in accordance with the laws of the state of Colorado, without any reference to its choice of law rules. I agree that any dispute arising from this Agreement or in any way associated with the Event shall be brought only in the state of Colorado, and I agree to the jurisdiction and venue of the District Court of La Plata County, Colorado or in the US District Court for the District of Colorado, in Durango, Colorado, for any such dispute. In any litigation in which the validity or enforceability of this agreement is contested, I agree that the non-prevailing party will pay all costs, disbursements and attorney's fees of the prevailing party and costs of the parties seeking to uphold the agreement.

7. PHOTOS, ETC: I hereby consent that any photograph, video, or digital image in which I appear may be used without compensation to me for the purposes of publicity or advertising, such as catalogues, flyers, and news stories.

Signing the Liability Waiver and Assumption of COVID Risk Form:

I have carefully read this Release of Liability, Assumption of Risk, and Indemnification Agreement before voluntarily signing it. No oral representations, statement or other inducements to sign this release have been made apart from what is contained in this document. By signing this agreement, I acknowledge that it shall be effective and binding upon me, my family, heirs, next of kin, administrators, executors, representatives, and my estate.

I acknowledge that preventive measures have been put in place to prevent the spread of COVID-19, but by participating in this Great Old Broads activity, I assume and accept all risk of my participation. I understand that each individual, including myself, is responsible for following the guidelines and all safety mandates (federal, state, and local) and thereby caring for one's self and for other participants.

If the participant is a minor under 18: *I hereby certify that I am the adult parent or guardian of the participant, a minor child under the age of eighteen years, and I consent to his/her participation in this activity.*

[Signature of Participant (or Parent/Guardian if under 18)]

[Date]

[Printed Name of Participant or Participant]