10:10:34 From Pam Conley: May I be open to magic in all its wild, mysterious, & beautiful forms. May I have no fear of my own power and may I walk through my other fears with courage. Excerpt by Molly Remer 2018 In We'Moon calendar for 2020 page 140.

10:11:18 From Ammie : May it be!

10:26:17 From Ammie: "I used to think that top environmental problems were biodiversity loss, ecosystem collapse and climate change. I thought that thirty years of good science could address these problems. I was wrong. The top environmental problems are selfishness, greed and apathy, and to deal with these we need a cultural and spiritual transformation and we scientists don't know how to do that..."

-Gus Speth, (US Advisor on climate change and Yale professor)
10:49:34 From Great Old Broads Cascade Volcanoes : I bet there is a
utube video on this very topic

10:53:06 From Lisa: https://support.google.com/mail/answer/7190 10:53:32 From Rynda Clark: how many emails can you send at a time without it going to spam?

10:53:46 From Pam Conley: Is gmail putting star on emails?

10:56:57 From Cyndi Anderson : We have 4 minutes.

10:57:32 From Rynda Clark : if u do a search does it check all boxes?

11:03:20 From Krestine Reed: A book worth reading that discusses solutions for 21st Century social and ecological challenges is "Doughnut Economics: Seven Ways to Think Like a 21st Century Economist," by Kate Raworth.

11:04:40 From Ammie : Alicia Elliot's A Mind in Pieces on the Gound